Comprehensive Behavioral Intervention for Tics

Douglas W. Woods, Ph.D.

May 25, 2012, 9 am - 4:30 pm
Student Union Bldg., Room 303, Dalhousie University, 6136 University Ave., Halifax

Comprehensive Behavioral Intervention for Tics -- Registration

<table>
<thead>
<tr>
<th>Fees</th>
<th>*early bird</th>
<th>after April 20</th>
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<tbody>
<tr>
<td>Members</td>
<td>$175</td>
<td>$225</td>
</tr>
<tr>
<td>Non-members</td>
<td>$235</td>
<td>$275</td>
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<tr>
<td>Student members</td>
<td>$75</td>
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<tr>
<td>Student non-members</td>
<td>$100</td>
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<tr>
<td>Group (4 + from one org.)</td>
<td>$25 off / person</td>
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</tbody>
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*Early Bird prices in effect until April 20th 2012
**Lunch included in price. Please indicate if you have food sensitivities

Contact:

Name
Organization/Profession
E-mail
Phone

Total

Payment:

Cheque/Cash MasterCard Visa
Credit Card #
Expiry Date
Signature

Deadline for registration - Noon, May 23rd. Please contact APNS to reserve space. A non-refundable admin fee of $35. will be charged for all cancellations. Notification must be received by APNS one week prior to the workshop to be eligible for a refund. Participants may name a colleague to attend in their place at no extra cost. This person must be named before the day of the workshop.

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Comprehensive Behavioral Intervention for Tics

Description
Tourette Syndrome is a neurological condition consisting of multiple motor and vocal tics that are presumably due to failed inhibition within cortical-striatal-cortical motor pathways. In recent years, there has been a growing recognition among psychiatry and neurology about the utility of behavior therapy procedures in managing the symptoms of Tourette Syndrome in children and adults. Recently, the National Institute of Mental Health funded a multi-site group of researchers working with the Tourette Syndrome Association to conduct two parallel randomized clinical trials investigating the efficacy of these procedures in adults and children with TS. The procedures being tested in the study combine elements of habit reversal training with psychoeducation and function-based behavioral interventions, yielding a Comprehensive Behavioral Intervention for Tics (CBIT).

Unfortunately, very few clinicians have been trained in evidence-based treatments for Tourette Syndrome and tic disorders, and in most U.S. cities there are no behavior therapists who provide this treatment.

In this workshop, Dr. Woods will describe CBIT and other relevant interventions used in the treatment of children and adults with Tourette Syndrome. In addition to learning the general therapeutic techniques, attendees will learn to appreciate the diagnostic complexities associated with tic disorders, and will learn about the underlying theory for behavioral intervention, the data supporting the model, and data on the efficacy of the treatment. Various instructional technologies will be employed including didactic instructions and videotaped samples of actual treatment.

You Will Learn
- To recognize tic disorders and understand their key phenomenological features
- The core elements of behavior therapy for tic disorders
- The evidence base supporting the efficacy of behavior therapy for tic disorders.

Targeted Audience
- Psychologists, counselors, social workers, psychiatrists, nurses, other mental health professionals and students.

Douglas Woods, Ph.D., is a professor in the Department of Psychology and Director of Clinical Training at the University of Wisconsin at Milwaukee. Dr. Woods is a member of the Tourette Syndrome Association (TSA) Medical Advisory Board and the Clinical Trials Consortium.

His main interest is assessing and treating tic disorders, trichotillomania, and other OCD-spectrum disorders in children and adults. He has published more than 120 scientific articles, presented more than 127 papers at National and International Meetings, and is the author/editor of 8 books.

Recommended Readings

Schedule for the day
- Registration: 8:30 am
- Morning Session: 9:00 am to 12:00 noon with a 15-minute refreshment break at 10:30 am
- Lunch: 12:00 noon to 1:15 pm - provided
- Afternoon Session: 1:15 pm to 4:30 pm with a 15-minute refreshment break at 2:30 pm