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AREAS OF PRACTICE

Abuse: Emotional Physical Sexual Anxiety Anger Management Attachment Issues Attentional Problems/ADHD Behaviour Problems Blended / Step Family Issues	Caregiver Stress Conflict Resolution Couple Therapy Depression Family of Origin Issues Family Violence Issues Parenting Personal Growth / Wellness Phobias / Fears Relationship Issues	Self Esteem Separation / Divorce Stress Management Workplace Issues: Stress / Burnout / Harassment / Career Change
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TREATMENT APPROACH	POPULATION
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Cognitive-Behavioural

Child <5
 Child 5-12
 Adolescent 12-15
 Adolescent 16-19
 Young Adult 19-25
 Adult 25.
 Aged ≥65

ASSESSMENT SERVICES	OTHER
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Behavioural / Emotional
 Custody / Access
 Parental Capacity

Personality
 Psychoeducational

Consultations
 Workshops
 Referrals for Court
 or Litigation