

Joan Backman, Ph.D., R. Psych.
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5

AREAS OF PRACTICE

Attentional Problems / ADHD

Disabilities:

Physical
Developmental
Learning

TREATMENT APPROACH	LANGUAGE	POPULATION
Behavioural Cognitive-Behavioural Solution-Focused	French (Immersion)	Child 5-12 Adolescent 12-15 Adolescent 16-18 Young Adult 19-25 Adult >25

ASSESSMENT SERVICES	OTHER
ADHD and Adult ADHD Disabilities: Physical Developmental Learning	Intelligence/ Cognitive Legal Insurance Neuropsychological Consultations Workshops Referrals for Court or Litigation

PROFILE

Dr. Joan Backman is a pediatric neuropsychologist with 27 years of experience providing neuropsychological assessment, consultation and intervention services at the IWK Health Centre. Now in part-time private practice, she provides psycho-educational and neuropsychological assessment and consultation for children, youth and adults with Acquired Brain Injuries, Physical and Developmental Disabilities, Attention Deficit / Hyperactivity Disorder and Learning Disabilities, with special interest in:

- Transition to post secondary education and employment
- Development of self advocacy and compensatory skills
- Promotion of optimal function through a strength-based, practical approach

Direct referrals for behavioral consultation will not be accepted, although some short-term intervention may be offered to individuals and families seen for assessment and consultation. Dr. Backman's approach is primarily behavioral, cognitive behavioral and solution-focused. Assessment recommendations are based on a thorough understanding of the individual's cognitive and behavioral profile, and are developed collaboratively with individuals, families and schools to be most effective and helpful.