



**Deborah Bird, M.Sc., R. Psych.**  
**Jacqueline Milner-Clerk & Associates**  
**Dartmouth Medical Centre, 44-46 Portland St., Ste 312, Dartmouth NS**  
**P: 902-461-8133 F: 902-461-0517**  
**Website: www.jmcpyschology.ca**  
**NSBEP#: R0637**

<b>AREAS OF PRACTICE</b>
--------------------------

<b>Abuse:</b>	Blended /Step Family	Parenting Issues
Emotional	Issues	Personal Growth /Wellness
Physical	Body Image Issues	Personality Disorders
Sexual	Couple Therapy	Phobias / Fears / Panic
Anger Management	Depression	Relationship Issues
Anxiety	Family Violence	
Assertiveness / Social Skills	Grief / Loss / Bereavement	
Attentional /ADHD	Obsessive-Compulsive	
Behaviour Problems	Disorder	

<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
---------------------------	-------------------

Cognitive-Behavioural Psychotherapy Narrative Therapy.	Child 5-12 Adolescent 12-15 Adolescent 16-18 Young Adult 19-25 Adult >25 Family
--	--

<b>ASSESSMENT SERVICES</b>
----------------------------

ADHD	Personality
Behavioural / Emotional	Psychoeducational
Intelligence/ Cognitive	