



Dr. Valerie Corkum, R. Psych.
Corkum & Associates Psychological Services Ltd.
Address: 23 Waterstone Run, Hammonds Plains, NS B4B 1X5
E: drval@corkumandassociates.ca
P: 902-832-0332 F: 902-832-3682
Office Hours: Monday - Friday, Day & Evening Appointments
NSBEP#: R0324

AREAS OF PRACTICE

Adoption Issues Anger Management Anxiety Assertiveness / Social Skills Attentional Problems-ADHD Autism Spectrum Disorder Behaviour Problems Blended / Step Family Issues Caregiver Stress Dealing with Disabilities: Physical	Developmental Learning Depression Grief / Loss / Bereavement Habit Change Health Issues: Acute/ Chronic Obsessive-Compulsive Parenting Issues Personal Growth / Wellness Phobias / Fears/ Panic Relationship Issues	Self-Esteem Separation / Divorce Sleep Disorders / Problems Stress Management Trauma, PTSD Workplace Issues: Stress / Burnout / Harassment / Career Change
--	---	---

TREATMENT APPROACH

POPULATION

Cognitive-Behavioural
 Developmental
 Family-Oriented
 Multidisciplinary

Child <5 Adult >25
 Child 5-12
 Adolescent 12-15
 Adolescent 16-18
 Young Adult 18-25

ASSESSMENT SERVICES

OTHER

Behaviour / Emotional
Disabilities:
 Developmental
 Learning

Intelligence / Cognitive
 Psychoeducational

Consultations
 Workshops

PROFILE

Dr. Corkum is a registered psychologist with more than 15 years of experience providing psychological services to children, adolescents, adults and families. She has worked in hospital, mental health clinic and private practice settings. She is a past president of the Association of Psychologists of Nova Scotia. She has extensive experience in working on multidisciplinary teams along with family physicians, psychiatrists, speech-language pathologists, occupational therapists, and social workers. Her clinical work utilizes an integration of cognitive, behavioural, developmental, and family-oriented approaches to assessment and treatment.

Service is provided through office-based appointments as well as home, preschool and school-based consultation as needed. Areas of clinical expertise include: learning disabilities, developmental disabilities (such as Autism), attention deficits, anxiety (including OCD), depression, adjustment issues (such as separation / divorce), parenting, behaviour problems, and grief /loss.