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**NSBEP#: R0312**

<b>AREAS OF PRACTICE</b>
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<b>Abuse:</b> Emotional Physical Sexual Anger Management Anxiety Attachment Issues Assertiveness / Social Skills Body Image Issues Caregiver Stress <b>Dealing with Disabilities:</b> Physical	Depression Family of Origin Issues Grief / Loss / Bereavement <b>Health Issues:</b> Acute/ Chronic Obsessive-Compulsive Personal Growth / Wellness Personality Disorders Phobias / Fears / Panic	Relationship Issues Self Esteem Separation / Divorce Sleep Disorders / Problems Stress Management Trauma, PTSD <b>Workplace Issues:</b> Stress / Burnout / Harassment / Career Change
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<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
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Cognitive-Behavioural Interpersonal Schema-Focused	Young Adult 19-25 Adult >25 Aged ≥65
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<b>ASSESSMENT SERVICES</b>
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PTSD