

**Eileen M. Donahoe, Ph.D., R. Psych.**  
**99A Webster St, Kentville NS B4N 1H8**  
**P: 902-678-8132 or 902-690-7396**  
**Office Hours: Thursday Evenings or By Appointment**  
**NSBEP#: R0355**

<b>AREAS OF PRACTICE</b>
--------------------------

<b>Abuse:</b> Emotional Physical Sexual Anxiety Assertiveness / Social Skills Attachment Issues Body Image Issues	Eating Disorders Family of Origin Issues Grief / Loss / Bereavement Obsessive-Compulsive Personal Growth / Wellness Phobias / Fears /Panic Relationship Issues Self Esteem Separation / Divorce	Stress Management Trauma, PTSD <b>Workplace Issues:</b> Stress / Burnout / Harassment / Career Change
--	---	--

<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
---------------------------	-------------------

Cognitive-Behavioural  
 Brief Psychodynamic  
 Hypnosis  
 EMDR

Adolescent 16-19  
 Young Adult 19-25  
 Adult >25

<b>OTHER</b>
--------------

Consultations  
 Workshops

<b>PROFILE</b>
----------------

My background is primarily mental health with a special interest in anxiety disorders and PTSD. I tailor treatments to the needs of the client.