

**Dr. Barbara Fox, R. Psych.**  
**Marsh-Knickle & Associates**  
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 Office Hours: Monday - Thursday, 8:15 am - 5:15 pm  
 NSBEP#: R0398



<b>AREAS OF PRACTICE</b>
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<b>Abuse:</b> Emotional Physical Sexual <b>Addictions:</b> Substance Alcohol Adoption Issues Anger Management Anxiety Assertiveness / Social Skills Attachment Issues Behaviour Problems Blended/Step Family Issues Body Image Issues Caregiver Stress Couple Therapy	<b>Dealing with Disabilities:</b> Physical Depression / Loneliness Eating Disorders Family of Origin Issues Family Violence Grief / Loss / Bereavement Habit Change <b>Health Issues:</b> Acute / Chronic Terminal Life Threatening Obesity Obsessive-Compulsive Parenting Issues Personal Growth / Wellness Personality Disorders	Pain Management Phobias / Fears / Panic Relationship Issues <b>Rehabilitation:</b> Cognitive Self Esteem Separation/ Divorce/ Infidelity <b>Sexual:</b> Orientation Sleep Disorders / Problems Stress Management Trauma, PTSD <b>Workplace Issues:</b> Stress / Burnout Retirement / Bullying Harassment / Career
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<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
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Cognitive-Behavioural Interpersonal Short-Term Dynamic Behavioural	Adolescent 12-15 Adolescent 16-19 Young Adult 19-25 Adult >25 Aged ≥ 65
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<b>ASSESSMENT SERVICES</b>	<b>OTHER</b>
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Personality PTSD	Consultations Workshops
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<b>PROFILE</b>
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Dr. Barbara Fox has been educated in both Canada and the United States, completing her Ph.D. in Clinical Psychology at the University of Vermont. An Associate with Marsh-Knickle & Associates, she enjoys a broad general practice in which see she adolescents, adults, seniors, couples and families. Areas of clinical interest include mood and anxiety disorders, eating disorders, child abuse, dissociation, treatment of trauma, relationship and marital issues, grief /loss, and issues related to fertility.

Dr. Fox also sees clients struggling with physical health challenges, including diabetes, cardiac issues, and cancer. She has extensive experience both clinically and in conducting research in trauma-related areas, including PTSD in Canadian Forces, RCMP and civilian populations. She has been a member of the international Society for the Study of Dissociation (ISSD) and has presented multiple papers at annual conferences including ISSD and the international Society for Traumatic Stress Studies (ISTSS).