

**Frederick French, Ph.D., R. Psych.**  
**French, French and Associates**  
**Office Location: 1278 Bedford Highway, Bedford NS**  
**Mailing Address: Box 44237, Bedford, NS B4A 3Z8**  
**P: 902-471-3244**  
**Office Hours: By Appointment**  
**NSBEP#: R0255**

<b>AREAS OF PRACTICE</b>
--------------------------

<b>Addictions:</b> Gambling Anxiety Anger Management Assertiveness / Social Skills Attentional Problems/ADHD Asperger's Disorder	Behaviour Problems Conflict Resolution <b>Dealing with Disabilities:</b> Physical Developmental Depression Gifted & Talented	Learning Disabilities Phobias / Fears/ Panic Self Esteem <b>Workplace Issues:</b> Stress / Burnout / Career Change
--	--	---

<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
---------------------------	-------------------

Cognitive-Behavioural

Child <5  
 Child 5-12  
 Adolescent 12-15  
 Adolescent 16-19  
 Young Adults ≤30

<b>ASSESSMENT SERVICES</b>	<b>OTHER</b>
----------------------------	--------------

ADHD Asperger's Disorder Behavioural / Emotional Career / Vocational Custody / Access <b>Disabilities:</b> Physical Developmental	Gifted & Talented Intelligence / Cognitive Learning Disabilities Personality Psychoeducational	Consultations Workshops Selected Referrals for Court or Litigation
--	--	---

<b>PROFILE</b>
----------------

Dr. French has been in practice in excess of 25 years. While he is in general practice as described in his areas of practice, he works primarily with adolescents, children and young adults in the areas of learning disabilities, attention deficit hyperactivity disorder, non-verbal learning disabilities, Asperger's disorder and with those individuals whose challenges have led to difficulties coping with the educational and/or legal systems. His approach is primarily Cognitive-Behavioral and he believes in helping individuals improve their self advocacy, self monitoring and self regulating skills. As well, he has an interest in helping individuals in transition particularly those coping with post secondary and employment transition.