

**Dr. Patricia A. Gerrior, R. Psych.**  
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 Office Hours: Monday - Thursday, 4 pm - 7 pm  
 NSBEP#: R0246

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**AREAS OF PRACTICE**

<b>Abuse:</b>	Autism Spectrum Disorder	Parenting Issues
Emotional	Behaviour Problems	Personal Growth / Wellness
Physical	Blended/Step Family Issues	Phobias / Fears/ Panic
Sexual	Conflict Resolution	Relationship Issues
Anxiety	Depression	Self Esteem
Adoption Issues	Eating Disorders	Separation / Divorce
Anger Management	Grief / Loss / Bereavement	Sleep Disorders / Problems
Attachment Issues	Obsessive-Compulsive	Stress Management
Assertiveness / Social Skills	Disorder	Trauma, PTSD
Attentional / ADHD		

**TREATMENT APPROACH**

**POPULATION**

Cognitive-Behavioural  
 Family Therapy  
 Play Therapy

Child <5  
 Child 5-12  
 Adolescent 13-15  
 Adolescent 16-19

**ASSESSMENT SERVICES**

Behavioural / Emotional / Mental Health

**PROFILE**

Dr. Gerrior is a registered psychologist in the province of Nova Scotia. She has more than 20 years experience and training in mental health issues. She has worked extensively with children, adolescents and families in the areas of fears, anxiety, depression, behaviour, relationships, trauma, abuse and autism.

Her approach is primarily cognitive-behavioural, solution-focused and skills-based. She draws from an extensive knowledge of theory and skills to develop interventions that are both meaningful and practical.