

**Hugh J. Haley, Ph.D., R. Psych.**  
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**Office Hours: By Appointment**  
**NSBEP#: R0545 CRHSPP#: 04730**

#### AREAS OF PRACTICE

<b>Abuse:</b> Emotional / Physical / Sexual <b>Addictions:</b> Substance /Alcohol Sexual Anger Management Anxiety Assertiveness / Social Skills Behaviour Problems	Conflict Resolution Couple Therapy Depression /Loneliness Family Violence Personal Growth/ Wellness Pain Management Phobias/ Fears/ Panic Relationship Issues Self Esteem	<b>Sexual:</b> Offenders Stress Management Trauma, PTSD <b>Workplace Issues:</b> Stress / Burnout / Career/ Coaching/Negotiation/ Bullying/ Harassment
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#### TREATMENT APPROACH

Cognitive-Behavioural  
Interpersonal  
Family Therapy

#### POPULATION

Young Adult 19-25 Family  
Adult >25 Organizations  
Aged ≥ 65

#### ASSESSMENT SERVICES

Career /Vocational      PTSD

#### PROFILE

After retiring from a successful clinical and consulting practice in Toronto from 1990 to 2008, I have a part-time clinical practice at Antigonish Harbour. I have over 30 years professional experience in psychologist and administration positions in federal and provincial correctional, mental health and physical rehabilitation facilities.

My clinical work has focussed on emotional adjustment, related to anxiety, depression, anger/ aggression; conflict, work stress and trauma, and career adjustment. I work with families and teens in crisis, and with individuals and couples in the management of conflict and abuse. I also provide personal consulting and coaching services in workplace skills (supervision, management, and mentoring) and career management.

In the last 20 years I have consulted with a large number of organizational and government agencies with an emphasis on dealing with mental health in the workplace and interpersonal violence/conflict, as well as assessment, mediation and treatment in crisis and emergency situations, involving tragedy, conflict, and violence. I also work extensively in the job analysis, selection and succession planning of highly specialized personnel, such as police and security officers. I have extensive experience in providing forensic and risk assessments in criminal, immigration, and family law, as well as consultation in the supervision and treatment of high-risk offenders.

I am registered as a psychologist in both the provinces of Ontario and Nova Scotia, as well as the Canadian Registry of Health Service Providers in Psychology, with qualification to deliver psychological services in clinical, forensic, and organizational psychology.