

Dr. Stillman Jacquard
Psychologist (Candidate Register)
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NSBEP#: C10621

AREAS OF PRACTICE

Abuse: Emotional / Physical/ Sexual	Conflict Resolution Couple Therapy	Phobias/Fears /Panic Rehabilitation: Cognitive
Addictions: Substance/ Alcohol Gambling / Sexual	Dealing with Disabilities: Physical / Developmental / Learning	Relationship Issues Self Esteem Separation/ Divorce
Adoption Issues	Depression	Sexual: Orientation/ Dysfunction/ Offender
Anger Management	Eating Disorders	Sex Therapy
Anxiety	Family of Origin Issues	Sleep Disorders
Assertiveness / Social Skills	Grief / Loss / Bereavement	Stress Management
Attachment Issues	Habit Change	Trauma, PTSD
Attentional Problems/ADHD	Health Issues: Acute/ Chronic	Workplace Issues: Stress / Burnout / Harassment / Career Change
Autism Spectrum Disorder	Obsessive Compulsive	
Behaviour Problems	Parenting Issues	
Blended/Step Family Issues	Personal Growth /Wellness	
Body Image Issues	Personality Disorders	
Caregiver Stress		

TREATMENT APPROACH	POPULATION	LANGUAGE
Person-Centred	Child <5	Aged ≥ 65
Cognitive-Behavioural	Child 5-12	Organizations
	Adolescent 12-18	English/ French
	Young Adult 19-25	
	Adult >25	

ASSESSMENT SERVICES	OTHER
Behavioural / Emotional	Intelligence/Cognitive
Career/Vocational	Parental Capacity
Custody/Access	Personality
Disabilities: Physical / Developmental / Learning	Psychoeducational PTSD
	Consultations Workshops

PROFILE

Dr. Stillman Jacquard has a doctoral degree in psychology from the University of British Columbia where he is adjunct professor in the Dept of Counselling Psychology. Stillman has over 10 years of combined experience in clinical practice, teaching, research and supervision. His client base is widespread specializing in child, adolescent, adult and family diagnostic assessment and treatment services. Within a person-centred framework, his therapeutic approach is personalized to meet the needs of each client and draws from his training with a variety of therapeutic orientations. These include: cognitive behavioural therapy, solution-focused therapy, experiential therapy, existential therapy, gestalt therapy, and psychodynamic traditions. Stillman incorporates a series of special interests in his current clinical practice including: the application of advanced training in play therapy, art therapy, hypnosis, mindfulness and meditation. Therapy centres on positive empowerment. Each client is approached holistically; addressing the cognitive, emotional, social, physical and spiritual dynamics of change and experience as it relates to the client's cultural context and world view.