



Richard G. MacGillivray, Ph.D., R. Psych.

Genest MacGillivray Psychologists

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Office Hours: Monday - Thursday, 9 am - 5 pm

NSBEP#: R0226

CRHSPP#: 03960

AREAS OF PRACTICE

Abuse: Emotional / Physical / Sexual	Family of Origin Issues Grief/Loss /Bereavement	Self-Esteem Separation/ Divorce
Addictions: Alcohol	Habit Change	Sleep Disorders/Problems
Anger Management	Health Issues: Acute	Stress Management
Anxiety	Obsessive-Compulsive	Trauma, PTSD
Assertiveness / Social Skills	Personality Disorder	Workplace: Stress/Career
Behavioural Problems	Pain Management	
Depression /Loneliness	Phobias / Fears/ Panic	

TREATMENT APPROACH

POPULATION

Cognitive-Behavioural
Dialectical Behaviour Therapy
Schema-Focused

Young Adult 19-25
Adult >25
Aged ≥ 65
Institutional /Org

ASSESSMENT SERVICES

OTHER

Behavioural / Emotional
Career / Vocational
Intelligence / Cognitive
Legal

Pain: Chronic / Acute
Personality
PTSD

Consultations
Workshops
Referrals for Court
or Litigation

PROFILE

Dr. MacGillivray specializes in individual cognitive behavioral therapy, schema therapy and dialectical behavior therapy for adults with generalized anxiety, social anxiety, hypochondriasis, phobias, obsessive compulsive disorder, panic disorder, PTSD, depression, adjustment disorders and personality disorders. He also provides pain management training.

Dr. MacGillivray provides adult psychological assessment services, including psycho-diagnostic and personality assessment, assessment of career and vocational aptitude and interest, and behavioral assessments directed at specific emotional or behavioral problems.

Dr. MacGillivray has experience with assessment and psychotherapy with members of the clergy, armed services and police forces. He has experience in expert testimony and has been qualified as an expert in PTSD by the Supreme Courts of Nova Scotia and New Brunswick.

Dr. MacGillivray is the former president of the Association of Psychologists of Nova Scotia and Chairman of the Nova Scotia Board of Examiners in Psychology. He is active in committee work for NSBEP and has recently taught a graduate course in professional ethics in the school psychology program at Mount Saint Vincent University. He is licensed to practice as a psychologist in the provinces of Nova Scotia and New Brunswick.