

**Jacqueline Milner-Clerk, M.Sc., R. Psych.**  
**Jacqueline Milner-Clerk & Associates Inc**  
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**NSBEP#: R0362 CRHSP#: 05015**



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**AREAS OF PRACTICE**

<p><b>Abuse:</b>          Emotional          Physical          Sexual          Anger Management          Anxiety          Assertiveness / Social Skills          Behaviour Problems          Blended/Step Family Issues          Body Image Issues          Caregiver Stress          Conflict Resolution</p>	<p>Couple Therapy          Depression          Family of Origin Issues          Grief / Loss / Bereavement          Habit Change          Obsessive-Compulsive          Parenting Issues          Personal Growth / Wellness          Phobias / Fears/ Panic          Relationship Issues          Self Esteem          Separation / Divorce</p>	<p><b>Sexual:</b>          Orientation          Sex Therapy          Sleep Disorders          Stress Management          Trauma, PTSD  <b>Workplace Issues:</b>          Stress / Burnout /          Harassment / Career          Change</p>
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TREATMENT APPROACH	POPULATION
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<p>Cognitive-Behavioural          Eclectic</p>	<p>Adolescent 16-18          Young Adult 19-25          Adult &gt;25          Aged ≥65</p>
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**OTHER**

Consultations  
 Workshops

**PROFILE**

I am an experienced, empathic practitioner who provides practical guidance, which is based on sound psychological principles and research. My strength lies in my ability to put clients at ease, which facilitates the process for which healthy change can occur.