

Glenda Morrissey, M.A., R. Psych.
GM Psychological Services Incorporated
(MRTC)

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 Office Hrs:
 By Appointment

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Albion St.,
 Amherst NS
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 Office Hrs:
 By Appointment

www.mrtc-gmpsi.ca

NSBEP#: R0483

CRHSPP#: 05656

AREAS OF PRACTICE

Addictions:
 Substance
 Alcohol
 Gambling
 Adjustment Issues
 Anger Management
 Anxiety
 Caregiver Stress

Couple Therapy
Dealing with Disabilities:
 Physical
 Depression
 Grief / Loss / Bereavement
 Habit Change
 Personal Growth / Wellness
 Relationship Issues
 Self Esteem

Stress Management
 Trauma, PTSD
Workplace Issues:
 Stress / Burnout /
 Career

TREATMENT APPROACH

Cognitive-Behavioural
 Solution-Focused

POPULATION

Young Adult 19-25
 Adult >25
 Family

ASSESSMENT SERVICES

Behavioural / Emotional
Disabilities: Physical
 Pain: Chronic / Acute

PTSD
 Substance Abuse/ Dependence
 Addictions

PROFILE

Glenda Morrissey is an experienced psychologist providing counselling and therapy for a variety of work-related and personal difficulties.

Glenda encourages individuals to transform difficult experiences into opportunities for personal growth and renewal.