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Office Hours: By Appointment
NSBEP#: R0660

AREAS OF PRACTICE

Anger Management	Obsessive-Compulsive
Anxiety	Parenting
Assertiveness / Social Skills	Personal Growth / Wellness
Attentional Problems / ADHD	Phobias / Fears/ Panic
Behaviour Problems	Self Esteem
Blended / Step Family Issues	Separation / Divorce
Dealing with Disabilities: Learning	Stress Management
Depression	
Grief / Loss / Bereavement	
Habit Change	

TREATMENT APPROACH

POPULATION

Cognitive-Behavioural

Child 5-12
 Adolescent 13-15
 Adolescent 16-18
Assessment Only:
 Young Adult 19-25
 Adult

ASSESSMENT SERVICES

OTHER

ADHD Psychoeducational
Disabilities:
 Learning
 Intelligence / Cognitive

Consultations
 Workshops

PROFILE

Kim works with children, adolescents and parents to provide counseling and support. Her areas of practice include learning, attention difficulties, behaviour problems, mood and emotional difficulties and parenting/ family issues including separation/ divorce/ blended families. She offers psychoeducational assessments for children, adolescents and adults to explore learning, cognitive and attention issues.

For more information please visit her website www.kimoconnor.ca