

Brad M. Peters, M.Sc., Psychologist (Candidate Register)
Cornerstone Psychological Services Inc.
2045 Harvard St, Halifax NS B3L 2S8
P: 902-407-4456 F: 902-407-4458
E: info@cornerstoneclinic.ca www.cornerstoneclinic.ca
Office Hours: Monday - Friday, Day & Evening Appointments
NSBEP#: C10555

AREAS OF PRACTICE

Abuse: Emotional Physical Sexual Abuse: Substance Alcohol Adoption Issues Anger Management Anxiety Assertiveness / Social Skills Attachment Issues	Attentional Problems/ADHD Behaviour Problems Caregiver Stress Couple Therapy Dealing with Disabilities: Learning Depression Family of Origin Issues Grief / Loss / Bereavement Health Issues: Acute/ Chronic	Obsessive-Compulsive Parenting Issues Personal Growth / Wellness Personality Disorders Phobias / Fears / Panic Relationship Issues Self Esteem Separation / Divorce Stress Management
---	--	---

TREATMENT APPROACH	POPULATION
Integrative	Child <5 Child 5-12 Adolescent 12-15 Adolescent 16-18 Young Adult 19-25 Adult >25 Aged ≥ 65

ASSESSMENT SERVICES	OTHER
Behavioural / Emotional Disabilities: Learning	Intelligence / Cognitive Psychoeducational Consultations Workshops

PROFILE

Brad is a clinical Psychologist (Cand. Reg.) who works with individuals of all ages and specializes in assessing and treating children, adolescents and families. Brad values theoretical integration and has a clinical approach that draws from neuroscientific and developmental research, along with various dynamic, interpersonal, and cognitive theories. His clinical approach begins with an understanding that each of us experiences the world differently and each has their own story to tell. He uses a variety of therapy interventions and will use an approach that best serves a particular individual or family.

Brad's assessment work emphasizes concise and individually tailored reports with practical recommendations that hold real value. Brad is a part-time professor at Saint Mary's University and has published in areas related to child/family development. He has a special interest in how the brain, thoughts/emotions, and interpersonal relationships (both past and present) create who we are.