

Dr. Elaine Stoffer, R. Psych.
Genest MacGillivray Psychologists
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101

AREAS OF PRACTICE

Anxiety	Personal Growth / Wellness
Body Image Issues	Relationship Issues
Couple Therapy	Separation / Divorce
Depression	Sport Psychology
Eating Disorders	Stress Management
Family of Origin Issues	

TREATMENT APPROACH

Cognitive-Behavioural
Humanist

POPULATION

Adolescent 16-18
Young Adult 19-25
Adult >25

PROFILE

Dr. Stoffer has become known for being non-judgmental and warm which allows her to quickly develop a positive rapport with her clients.

She has taught courses in Introductory Psychology, Abnormal Psychology and Sport Psychology for several years at St. Francis Xavier University.