



Dr. Maureen Sullivan, R. Psych.
Fenwick Psychological Services
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Office Hours: Monday - Friday, Daytime and Evenings
NSBEP#: R0354

AREAS OF PRACTICE

Addictions: Substance/ Alcohol/ Gambling/ Internet Anger Management Anxiety Assertiveness / Social Skills Body Image Issues Caregiver Stress Conflict Resolution Couple Therapy	Depression Family of Origin Issues Grief / Loss / Bereavement Habit Change Health Issues: Acute/ Chronic Obsessive-Compulsive Pain Management Personal Growth / Wellness Phobias / Fears/ Panic	Relationship Issues Self Esteem Separation/Divorce/Infidelity Sleep Disorders/ Problems Stress Management Trauma, PTSD Workplace Issues: Stress / Burnout / Harassment / Career/ Coaching
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TREATMENT APPROACH	POPULATION	LANGUAGES
Cognitive-Behavioural	Young Adult 18-25 Adult >25	French

ASSESSMENT SERVICES

Pain: Chronic/ Acute
PTSD

PROFILE

Dr. Sullivan completed her Ph.D. in Clinical Psychology at McGill University and has taught at Dalhousie University. She has worked in a variety of settings: hospital, university counseling centre, Operational Trauma and Stress Support Centre (OTSSC) and private practice. Dr Sullivan's areas of specialization include: assessment and treatment of anxiety disorders, including post-traumatic stress disorder (PTSD), depression, stress management, workplace issues, coaching, couples counseling, adjustment difficulties, dealing with chronic health issues and pain management. Her treatment approach is Cognitive-Behavioural. Dr Sullivan offers services in both English and French.

For more information please visit our website: www.fenwickpsychological.ca