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**NSBEP#: R0242**

<b>AREAS OF PRACTICE</b>
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<b>Addictions:</b> Substance Anger Management Assertiveness / Social Skills Attentional Problems/ADHD Autism / PDD Behaviour Problems Blended/Step Family Issues Conflict Resolution	<b>Dealing with Disabilities:</b> Developmental Learning Grief / Loss / Bereavement Parenting Relationship Issues Self Esteem Separation / Divorce	<b>Sexual:</b> Orientation Stress Management Trauma, PTSD <b>Workplace Issues:</b> Stress / Burnout / Harassment / Career Change
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<b>TREATMENT APPROACH</b>	<b>POPULATION</b>
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Cognitive-Behavioural

Child <5  
 Child 5-12  
 Adolescent 12-15  
 Adolescent 16-18  
 Adult 19-25  
 Adult >25  
 Aged ≥ 65

<b>ASSESSMENT SERVICES</b>	<b>OTHER</b>
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ADHD: Child/  
 Adolescent/ Adult

**Disabilities:**

Developmental  
 Learning

Intelligence / Cognitive  
 Psychoeducational

Consultations