

Description

Trauma is not limited to major catastrophic events. There are smaller traumas which happen to everyone throughout life. Complex trauma is created by chronic or multiple unhealed traumatization. Treating trauma requires knowledge and skill in treating dissociation. This 2-day workshop will teach trauma and dissociation theory with detailed treatment techniques.

Workshop Objectives:

- Understand trauma and its impact
- Identify clinical characteristics of PTSD, Complex Trauma & Dissociative Disorders
- Understand the fundamentals of Structural Dissociation Theory
- Apply Structural Dissociation Theory to the treatment of Complex Trauma
- Develop Stabilization Strategies to manage dissociative symptoms
- Acquire the language and skills to talk and work with internal ego states
- Demonstrate Fraser's Dissociative Table Technique
- Integrate Time Orientation strategies into working with ego states
- Understand how to prepare a client for trauma reprocessing and how to identify readiness
- Demonstrate how to reprocess traumatic memories & resolve dissociation safely and effectively.

About the Instructor

Kathleen Martin, LCSW, EMDRIA Approved Consultant in EMDR, specializes in trauma and dissociation in her private practice in Rochester, New York, USA. She is a clinical consultant to individuals and agencies nationally and internationally.

Location

This workshop will be at Days Inn Dartmouth, 20 Highfield Park, Dartmouth NS.

If special accommodations are required, please notify the hotel and workshop organizer.

Schedule

The schedule for both days is:

8:30 a.m. - 9:00 a.m.	Registration
9:00 a.m. – 5:00 p.m.	Workshop
12:00 p.m. – 1:30 p.m.	Lunch on your own

Tuition Fee

Tuition is \$295 before August 20, 2010.

After August 20, 2010 add \$55.

Questions?

Anita Scott:

Phone: (902) 220-5556

as@anitascottpsychologicalservices.com

Carleen Hall:

Phone: (902) 452-6016

cfahie@hotmail.com

Registration

To register, send a check or money order, payable to Anita Scott, along with the completed registration form to:

Anita Scott
The Hydrostone Market
5539-B Young Street
Halifax, NS, B3K 1Z7

Credit cards are accepted (a 7% processing fee will be added). To register with your credit card, call the organizer.

A confirmation letter with details about the venue will be sent with receipt of tuition payment.

Refund Policy

A full tuition refund will be given up to 30 days prior to the workshop. After that, a refund minus a \$30 processing fee will be given if the space can be filled by someone on the waiting list.

Registration Form

Name: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Telephone: _____

Email: _____

Do you work with dissociative disorders? _____

If so, what dissociative disorders are you familiar with? _____

Have you ever administered the Fraser's Dissociative Table Technique? _____

What learning do you hope to get from this workshop?

Do you have any disabilities or dietary needs we need to be aware of?