

PSYCHOLOGIST

A Journal Published by The Association of Psychologists of Nova Scotia

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Spring 2011

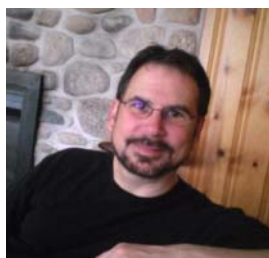
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Spring 2011

PRESIDENT'S REPORT



Michael Ross, Ph.D.

Has it been a year already? One of my responsibilities has been to prepare the monthly agenda prior to each meeting of the Executive. Apart from the necessity of managing the length of the agenda, each passing month has led me to reflect on the achievements of the previous month and the challenges for the upcoming months. Thus, I will use this space to highlight what we have accomplished this past year.

I will begin by thanking the Executive team members for their hard and diligent work over the last year. All have given freely of their time and skills and made the APNS the better for it. Lesley Hartman, Chimène Jewer, Robin McGee, Natasha Scott and Sonya Stevens are all completing their respective terms this month. Their contributions will certainly endure, and most, if not all, I am happy to say, will remain involved in the Association in some way.

In terms of the management of APNS, we have made some important changes. We conducted a

detailed job analysis and salary review process for the Office Manager position and decided to change Susan Marsh's position to Executive Director of the APNS. This new title more accurately acknowledges and compensates Susan for the wonderful work she has been doing for the Association for years. Along with this we have also developed a new performance appraisal system for the Executive Director position to help ensure our objectives for the position are continuing to be met effectively on an annual basis.

At the prompting of a few requests we received from members during the year, we conducted a survey on professional practice fees charged by psychologists in private practice. There was great diversity in the responses we received in terms of currently charged rates, suggested rates, and issues related to rates (e.g., rural vs. urban, M.A. vs. Ph. D., registered vs. candidate register). The result was that we established a guideline rate of \$150/hr. based on the data collected from members. We have also been involved in a few key advocacy efforts. You are all probably well aware of our efforts with the Personal Health Information ACT (PHIA) from previous reports and from the informative discussion

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Reports

PRESIDENT'S REPORT *(continued from page 1)*

session we held. I am pleased to say that our efforts have yielded a favourable response in that we will be invited to participate in the regulations process (the blueprint for how the law will be enacted) conducted by a committee of the Provincial Government. We also had a very successful meeting with members of the Provincial Mental Health Advisory Committee (MHAC).

MHAC has been meeting with a large number of interested parties throughout the province to gather information to help shape mental health policy in Nova Scotia. As good psychologists, we decided to prepare for the meeting by conducting a survey of our members' concerns regarding the delivery of mental health services in the province and by identifying research studies to support our arguments. I am very pleased to say our efforts went over very well. The committee was delighted, surprised, and grateful for our efforts. They commended us for being the only group that they had met with who had prepared a presentation *for them* and who had documented concerns and suggestions in the form of a handout. They told us they would make sure each of the committee members would receive a copy of our document.

We also had an encouraging meeting with a provincial Health Navigator who will help us to make a case for funding so that psychologists in Nova Scotia can benefit from having a human resource study done. This study will aid in the recruitment and retention of psychologists in the province and help inform employers and government about the profession, our training, and our needs as a profession. It will also be used to assist with psychologists' mobility nationally and possibly internationally.

As mentioned in a previous column, we have also worked with the NSBEP on several projects. The Entry Level Credential committee completed its' work after an extended process of meetings,

deliberations, and reworking of drafts. The report has been given to the Board for review. We, the Executive, are giving a trial run to the new Continuing Competency Process the Board is set to introduce shortly. We have also continued and plan to continue more joint outreach meetings and ethics workshops with the NSBEP. The response has been favourable to date and we will continue to do more.

Our APNS committees provide valuable contributions to our Association and I would like to thank all of the committee chairs and committee members for their hard work over the last year. Seeing first hand that there is no way that the Executive can do all of the work of the Association we rely considerably on the committees. As you know, we have added a new committee, the Early Career Committee, chaired by Chimène Jewer, who is recently back from an APA meeting in Washington D.C. concerning leadership and early career psychologists and who will be sharing what she learned with the other committee members. We are also in the process of forming an Ad Hoc committee on Psy. D. training. Thank you to all who have expressed an interest and in this committee and we hope to proceed with the development of this committee in the Fall.

Over the course of the last year we have also either strengthened or forged new relationships with other professional associations. We had met with the Nova Scotia Association of Social Workers over the PHIA issue but agreed there may be many more issues of common concern and the door is open for collaboration. We worked more closely than we have in the past with John Service and the CPA Practice Directorate and hope to continue that vital link. We continued to have useful and rewarding relationships with APA and CPAP. In fact, we are participating in a National survey regarding the public's perception of psychologists so that we will have access to this important data in the future.

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ANNUAL GENERAL MEETING May 28, 2010 MINUTES

Executive: Michael Ross (President), Debra Garland (Past President), Chimène Jewer (Secretary), Lesley Hartman (Treasurer), Sonya Stevens & Natasha Scott (Student Representatives), Joanne Mills (Member-at-Large), Susan Marsh (Office Manager), Regrets: Robin McGee, Dean Perry, Lynne Robinson

Members Present: Joann Doran, Gordon Butler, Diane Birch, David Pilon, Maureen Gorman, Liz Pace, Beth Robinson, Farley MacLeod, Stephen Theriault, Hugh Haley, Kjerstin Baldwin, Charles Hayes, Pamela Swainson, Rilda vanFeggelen, Victor Day, Lauren Marsh-Knickle, Brenda Durdle, Mary McGrath, Chris Ellsworth, Arla Day, F. Cochrane, Faye Trim, Myles Genest, Pauline Faulkner, Kristel Englund, John Swaine, Doreen Smith & Jane Grantmyre.

1.0 Call to Order

Meeting called to order by President, Michael Ross at 12:15 p.m.

2.0 Approval of Agenda

Agenda approved. Motion: Vic Day; Second: Gordon Butler

3.0 Approval of May 22, 2009 AGM Minutes

Accepted. Motion: Debra Garland; Second: Natasha Scott

4.0 Business Arising - none

5.0 President's Report

Regrets from Robin McGee. Lesley read the President's Report on behalf of Robin.

Report accepted. Motion: Gordon Butler; Second: Charles Hayes

6.0 Treasurer's Report

Report accepted. Motion: Sonya Stevens; Second: Rilda vanFeggelen

7.0 Auditor's Report

Report accepted. Motion: David Pilon; Second: Debra Garland

8.0 Committee Reports

(published in *the Nova Scotia Psychologist*, Apr. 2010)

8.1 CRHSPP

Myles Genest reported on CRHSPP. Dr. Genest reported that Nova Scotia has participated in a significant way in CRHSPP. He announced that CRHSPP's Masters' level credentialing grandfathering period will be coming to a close on Feb. 1, 2011. He encouraged any Masters' level Psychologists not already on the register to apply before this deadline. Priorities identified by CRHSPP include: online CE; more information on private practice and tools for private practice; and the promotion of Psychology.

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PRESIDENT'S REPORT *(continued from page 2)*

I thank you for the opportunity to be President of the APNS this past year, I am grateful. I am not saying good-bye as I will remain on the Executive for another year. I found the experience to be rewarding, interesting, challenging, and, yes, fun. We tackled some tough issues, made some hard decisions and worked as a team. I met some wonderful colleagues and we will have

relationships that will outlast the tenure of our terms. I encourage you all to get involved in any of our professional organizations for the benefit of the profession but also as a learning experience for yourselves.



Reports

ANNUAL GENERAL MEETING May 28, 2010 MINUTES (continued from page 3)

8.2 NSBEP

John Swaine extended greetings on behalf of NSBEP. Dr. Swaine mentioned that there is regular correspondence between NSBEP and APNS.

Committee Reports accepted. Motion: Debra Garland; Second: Pam Swainson

9.0 Election of Officers

(published in *the Nova Scotia Psychologist*, April 2010) Welcome extended to APNS' new member-at-large, Joanne Mills.

10.0 Awards

10.1 President's Award

The President's Award was presented by Michael Ross to Sarah Crisp, Executive Director of Valley Child and Development, for the King's Early Years Screening for School (KEYSS) program. Sarah Crisp introduced Raeanne Bekkers, KEYSS Program Co-ordinator, who also thanked APNS for the award. The KEYSS program is an early detection and intervention program for developmental concerns (e.g. hearing, speech, behaviour, etc.) in the Annapolis Valley region.

10.2 Student Awards

10.2.1 The student awards were presented by Debra Garland. The Gerald Gordon Memorial Prize (undergraduate award) was awarded to Catherine Hilchey, who was nominated by Sherry Stewart.

10.2.2 The Brian Dufton Memorial Prize (graduate award) was awarded to Natasha Scott, who was nominated by Arla Day.

11.0 New Business

Michael Ross gave his address as the incoming president.

11.2 Appointment of Auditor for 2010-2011
Gordon Butler and James Peake agreed to stay on.

11.3 Appointment of Elections committee 2010-11
Current members (Victor Day, David Mensink and Louise Stringer Warren) agreed to stay on and Robin McGee as Past President will join ex officio.
Appointments accepted. Motion: Lesley Hartman;
Second: Rilda vanFeggelen

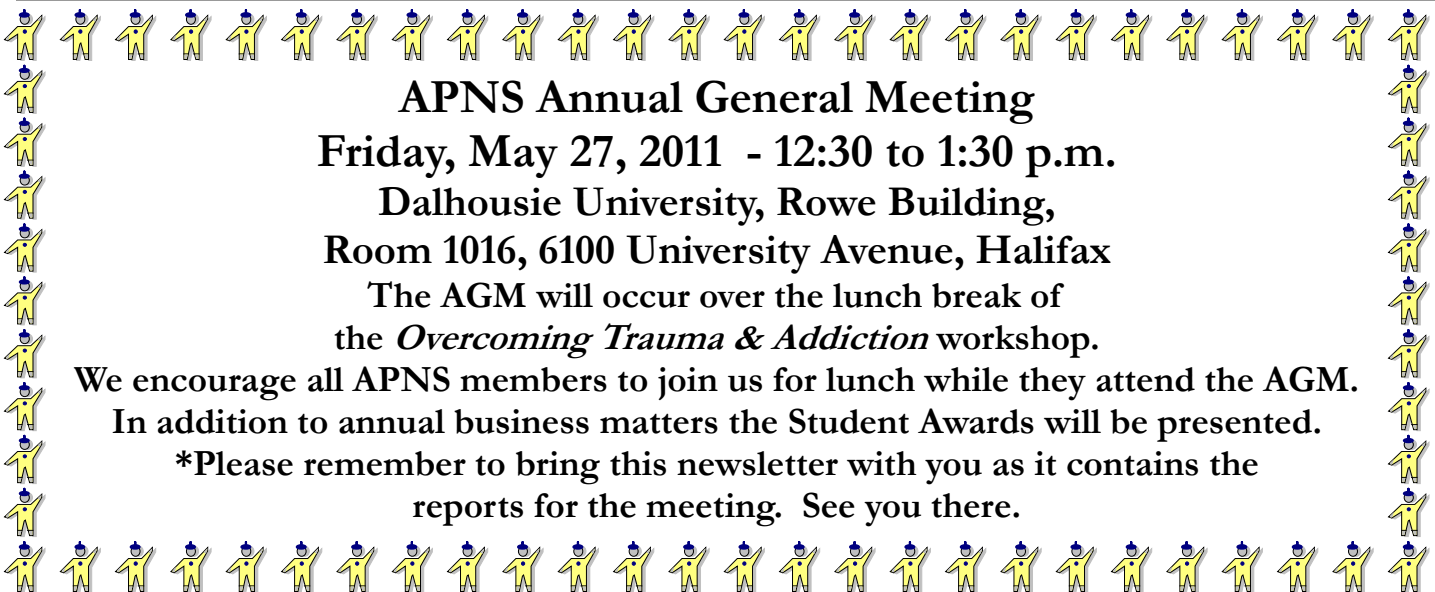
12.0 Adjournment

Meeting adjourned @ 12:55 p.m.

Motion: Pam Swainson; Second: Debra Garland

Respectfully submitted

Chimène Jewer, Secretary



APNS Annual General Meeting
Friday, May 27, 2011 - 12:30 to 1:30 p.m.
Dalhousie University, Rowe Building,
Room 1016, 6100 University Avenue, Halifax
The AGM will occur over the lunch break of
the *Overcoming Trauma & Addiction* workshop.
We encourage all APNS members to join us for lunch while they attend the AGM.
In addition to annual business matters the Student Awards will be presented.
*Please remember to bring this newsletter with you as it contains the
reports for the meeting. See you there.

ELECTIONS COMMITTEE REPORT 2010-2011

Members:
Victor Day (Chair), Louise Stringer-Warren, David Mensink, Robin McGee (ex-officio)

The Elections Committee is responsible for soliciting nominations for positions on the Executive as they become open, and for conducting elections. It is also responsible for soliciting nominations for the annual Fellow appointment, and passing such nominations on to the Executive for selection. The Board Nominations subcommittee of the Elections Committee is responsible for soliciting nominations of psychologists for appointment to the NSBEP as vacancies occur, and for passing such nominations on to the Executive with recommendations. Currently all members of the Elections Committee are members of the Board Nominations subcommittee.

This year, four Executive positions become open, for President-elect, Secretary, Member at Large (Treasurer) and Student Representative. Fortunately very good people have agreed to serve, so that each of the following are acclaimed to these positions:

- Jessica Ius President-elect
- Leah Clyburn Secretary
- Stillman Jacquard Member at Large
(Treasurer)

- Mandi MacDonald, Nicola Hartling and Ashley Leopold will share the Student Representative position.

Jessica Ius is psychologist with the IWK Forensic Service; Leah Clyburn is a private practice psychologist with Marsh-Knickle & Associates and part-time at Dal Counselling Services; and Stillman Jacquard is psychologist (Cand. Reg.), an educator with AVRSB and part-time at Dal Counselling Services.

The terms of two members of NSBEP expire on June 30th of 2011 (John Swaine and Valerie Rule). As recommended by our committee, the APNS Executive has renewed Valerie’s term until June 30, 2014, and appointed Christine Ellsworth until June 30, 2014.

Robin McGee has served actively on the committee ex-officio as Past-president for this past year. We thank her for her contribution, and look forward to Michael Ross joining us in the upcoming year.

Respectfully submitted,

Victor Day, Ph.D., R.Psych.

Member Statistics at April 30, 2011

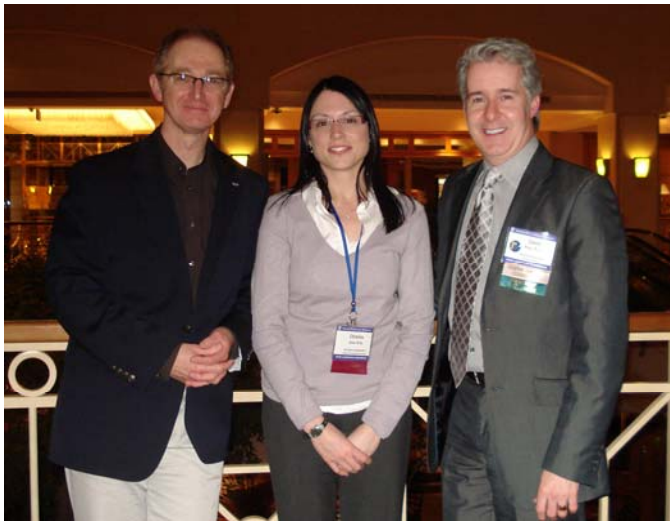
Full Members: 344
Retired/Inactive Members: 10
In Absentia Members: 4
Student Members: 15
Honorary Members: 4
TOTAL MEMBERSHIP: 377



Reports

APNS PARTICIPATES IN THE APA STATE LEADERSHIP CONFERENCE

This March, over 450 psychologists met in Washington D.C. for the 28th annual State Leadership Conference (SLC). Each year, the APA Practice Organization brings together the collective leadership of state and provincial psychological associations to provide training in the advocacy issues of the day. This year's APNS delegation included Public Education Campaign



Coordinator Dean Perry, Early Career Committee Chair Chimène Jewer and Federal Advocacy Coordinator David Pilon. (left to right in photo)

Building a Leadership Culture was the theme of this year's SLC. This focus is relevant to the current health care context in the U.S. where much of service delivery is shifting in the wake of President Obama's Patient Protection and Affordable Care Act. With changes rippling through all aspects of health care, strong leadership is needed to navigate these uncertain times. The Practice Organization, which mounts the SLC, is tasked with advancing and protecting the profession of psychology through legislative advocacy, legal and regulatory activities, public education and market place initiatives. Through participation at SLC, state and provincial psychology leaders develop advocacy skills to further advance the role and contributions of

psychology in the current healthcare context.

It is hard to overestimate the state of flux that currently characterizes health delivery in the U.S. The President's reform of the health care system goes far beyond the extended coverage of millions of, until now, uninsured Americans. The excitement about health care reform from last year's SLC has been replaced with a sense of uncertainty and anxiety. No one is quite certain where everything will settle out. What is clear is that the changes compelled by this new legislation will lead to greater transparency and accountability than ever before. Evidence-based care will prevail. Treatment guidelines will form the basis against which outcomes will be measured. Payment for services will be linked to outcomes. Inter-disciplinary health teams will be the norm in place of individual practice within any health discipline. Mental health service delivery will likely be more integrated within broader healthcare services. Health promotion, disease prevention and early identification will go beyond token efforts to become a substantive focus. Psychological treatments will have to move beyond symptom reduction toward a recovery, resilience and quality of life focus. Insurance providers will be regulated in ways never seen before. Technology is expected to drive many of these changes as electronic health records, telehealth delivery, and online interventions become more commonplace. While most stakeholders may be overwhelmed by the challenges at hand and the changes still to evolve, the political commentators at the conference were clear that the reform of the US health care system is truly historic and will be President Obama's defining legacy.

Not surprisingly, much of the SLC agenda centred around the above changes in healthcare and the leadership required to ensure psychology's

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APNS PARTICIPATES IN THE APA STATE LEADERSHIP CONFERENCE *(from page 6)*

relevance in this changing landscape. As well, several sessions were devoted to strengthening psychology associations. A prominent theme related to cultivating the leadership pipeline of early career psychologists.

Early career psychologists have been invited to attend the SLC in recent years in recognition of the importance of developing early career psychologists as leaders as an important complement to the multi-faceted advocacy agenda of the SLC.

Over 20 early career psychologist leaders attended from the various states, territories and provinces. The early career psychologists held several meetings (formal & informal) to share ideas, and discuss early career psychology activities and initiatives that are taking shape. Some of these ideas included how to establish an early career psychology committee, various ways to recruit early career psychologists, hosting monthly early career psychology nights, organizing programs of interest to early career psychologists, establishing mentoring programs and leadership and advocacy training. Chimène Jewer, Chair of APNS' newly formed Early Career Committee (ECC), plans to take what she learned from fellow early career psychology leaders at the APA SLC and discuss these with members of our committee. It hoped that the APNS ECC can begin to implement some of these ideas and establish a fun and fruitful ECC here in Nova Scotia.

Each year at SLC, APA's National Psychologically Healthy Workplace Awards are presented. Working together with state and provincial associations to recognize the creative efforts of corporate North America to provide healthy workplaces, this awards program was been an unqualified success. Companies have come to compete with each other for this recognition while their staff milieus have

flourished. The slate of honorees this year collectively demonstrate that psychologically healthier workplaces contribute to decreased staff turnover, decreased work stress, increased staff satisfaction and increased retention. One company profiled has identified that providing staff one afternoon per month to work on any innovation of interest has lead to more creative ideas for improvement than any identified during regular working times.

Dean Perry, represented APNS as Public Education Campaign coordinator. This year, the agenda allowed PEC coordinators from across Canada and the U.S. to network and share experiences with respect to advocacy and public education efforts. Use of the social media has been brought to the forefront of the APA Public Education Campaign as a tool for information dissemination and feedback. The PEC group took part in a workshop aimed at developing skills in blogging, Twitter and other related forms of social media. Some psychologists have actually met with great success in not only using the social media as an advocacy tool but also as a major part of their professional practice world. The ethical and legal considerations that go along with this sort of medium in a health profession was discussed as well. The latest partnership with the YM/YWCA is still quite active and Dean Perry was able to report the beginning of this branch of the campaign in Nova Scotia. We are one of the first provinces to partner with a Canadian YM/YWCA as part of the PEC network. Media networking was again a major issue for PEC coordinators. The SLC provides an opportunity for valuable exposure to top level consultants in the media industry.

As always, several elected officials participated at SLC and encouraged those in attendance to continue to creatively contribute to reform of the

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APNS AT APA STATE LEADERSHIP CONFERENCE *(continued from page 7)*



Chimène Jewer, Early Career Committee Chair and David Pilon, Federal Advocacy Coordinator at APA State Leadership Conference

system. Democratic House Leader Nancy Pelosi was a featured guest and applauded psychology's role in advancing mental health parity as a building block in healthcare reform. On the final day of SLC, our American colleagues visited their elected representatives on Capital Hill to reinforce the messages of relevance to psychology and to mental health.

While much of the focus at this year's SLC has an American branding, the Canadian delegation took the opportunity to assess the relevance of the conference themes for our Canadian context. It is easy to see that evolving directions, especially those driven by technologies and financial efficiencies, are inevitable in Canada. Indeed, a likely outcome of US changes will see a greater government ownership of the health care delivery system. This sounds vaguely Canadian! The opportunity to participate at SLC, which is one of the many benefits that derive from the affiliation that APNS has with APA, affords us the perspective to compare our systems and to learn from the US example.

For further information about this year's State Leadership Conference, please contact the APNS Advocacy Committee.

Respectfully submitted
David Pilon, Ph.D.

visit the apns website for:

- Member News
- Events & Workshops
- Job Postings
- Private Practice Listings
- Past Newsletters
- APNS Documents
- Post-Trauma Services
- ...and more to come!

APA COUNCIL OF REPRESENTATIVES REPORT

APNS is one of four Canadian provinces with a seat on the American Psychological Association's (APA) Council of Representatives (CoR). The CoR agenda this past February encompassed all the management decisions governing APA.

APNS has one seat on CoR, which enables us to have some little influence on the management and direction of APA. All members of CoR are able to make motions, to vote on motions, and to speak to agenda items. Consider for example, the item pertaining to APA membership dues.

At the APA August 2010 CoR meeting it was decided to give a \$25 reduction in the APA basic dues for all APA members who are also members of the Federation for the Advancement of Behavioural and Brain Sciences, the Association for Psychological Science, the Society for Neuroscience, the state, provincial and territorial psychological associations and four national ethnic minority psychological associations (the Asian American Psychological Association, The Association of Black Psychologists, The National Latina/o Psychological Association and the Society of Indian Psychologists (refers to East Indian psychologists and not aboriginals). A proposal to give these four ethnic minority psychological associations a seat on CoR was postponed to the August 2011 Council Meeting.

This issue was raised again during the APA February 2011 CoR meetings. The APA Board thought it would be better if all doctoral-level members of APA were given a reduction in basic dues rather than to members of specific constituency groups. CoR passed a reduction of \$40 to the annual full members' dues.

The reduction in full members' dues, from the current \$287 to \$247 would take place in 2012. The change represents an overall redesign of the association's dues schedule. Initially it was

proposed by the Membership Board and ratified by the Caucus of State, Province, and Territorial Representatives. It was argued that all full members should receive the benefit.

One portion of the dues restructuring was held over for a subsequent meeting. The Canadian Psychological Association (CPA) had a special reciprocal arrangement with APA so that members of one organization joining the other organization could join at half price. It was pointed out to CoR that APA had not negotiated any change with CPA regarding the proposed changes.

All Canadian representatives to CoR (BC, ON, PQ, NS) spoke to this issue as did the CPA President, Dr. Peter Graf. He spoke with the APA Board's permission since CPA does not have a seat on CoR.

As things now stand, for 2012, full members of CPA may still pay ½ fees for joint membership to APA. If this arrangement is to change then the APA Board must negotiate directly with CPA. It is expected that this will happen since the only dues reduction agreement in existence is this one with CPA.

Influence of APA policy does not only come through Council. There are various caucuses such as the Caucus of State, Province, and Territorial Representatives. This group attempts to work on behalf of small American States and Territories and the Canadian Provinces who are members of APA.

APA currently has representatives from four Canadian Provinces and none from any Canadian territory. The territories with representatives are: Puerto Rico, Guam and the Virgin Islands. I have earlier written about the necessity of giving the apportionment votes to APNS. These votes ensure that APNS has a seat on CoR. Most issues only

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COUNCIL OF PROFESSIONAL ASSOCIATIONS OF PSYCHOLOGY REPORT

The Council of Provincial Associations of Psychology (CPAP) met in Ottawa in January. The CPAP group of representatives from each province and territory also forms the Board of Directors for the Canadian Psychological Association Practice Directorate. The group has formed the practice of keeping to two very separate agendas.

CPAP has embarked on a number of new initiatives. Primary among those is the work with the CPA Task Force on Prescriptive authority for psychologists. The final report was presented to CPAP. Dr. Lorne Sexton, CPAP delegate, chaired the Task Force. This represents the beginning of standards and recommendations for prescriptive privileges for psychologists in Canada. The report recommended “an evolutionary approach” involving increased exposure to psychopharmacological knowledge in professional training curriculum. CPAP continues to work toward establishing a national licensure standard in accordance with the standards set by the Canadian Agreement on Internal Trade (AIT).

The Practice Directorate agenda primarily focused on the national psychology advocacy campaign that is hopefully going to be ready for presentation over the next year. The Directorate has commissioned Delta Media of Ottawa and has been very pleased with the initial work. Dr. John Service, Executive Director of the Practice Directorate recently circulated an “introduction to the CPA’s Practice Directorate”. This document (reproduced following this report) provides a very good outline of the current mandates for both CPAP and the Practice Directorate.

Respectfully submitted,

Dean Perry, R.Psych CPAP Rep

An Introduction to CPA’s Practice Directorate How Did It Start?

The Council of Professional Associations of Psychology (CPAP) meets biannually to discuss issues and to take collective action. Its members are the provincial and territorial psychology associations and CPA. Prior to 2007, CPAP also included the psychology licensing colleges, who now belong to the Association of Canadian Psychology Regulatory Organizations (ACPRO).

Following the June, 2008 CPAP meeting, representatives of CPAP and CPA met to find ways to work more closely together with more money to better advocate for professional psychology. These discussions resulted in a proposal that CPA launch a Practice Directorate with a directing council drawn from the provincial, territorial and national associations, the members of CPAP.

This proposal was approved in principle by CPA in November, 2008 and by CPAP in January, 2009. In February, 2009 the Board of Directors of CPA voted to direct a portion of its 2008 year-end surplus to launch the Directorate. Further, the CPA Board agreed to increase membership dues to finance both a Practice Directorate and a Science Directorate. CPAP contributes about 40% of the Directorate’s annual budget.

Mandate

The mandate of the Practice Directorate is to support and advance professional psychology through collective advocacy. It is based upon the shared commitment to meet the advocacy needs of the practice of psychology across Canada’s fourteen jurisdictions. Trust, good faith and a collective commitment to the common good of psychology are keys to success.

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APA COUNCIL OF REPRESENTATIVES REPORT (continued from page 9)

have application to APA governance and are therefore not critical for us in Nova Scotia. Yet from time to time there are issues of importance to APNS such as the current due structure.

In other business, Council adopted six new or revised guidelines, including a set to guide evaluations in child protection matters, and accepted several presidential task force reports. It also established a new task force to create guidelines for psychologists' use of tele-psychology.

Council voted to adopt guidelines in the areas of parenting coordination; practice in health care delivery systems; psychological evaluations in child protection matters; assessment of and intervention with people with disabilities; evaluation of dementia and age-related cognitive change; and psychological practice with lesbian, gay and bisexual clients. It also approved the report of the 2010 Presidential Task Force on Advancing Practice. The work of the task force included the launch of PsycLINK, the APA practice wiki, an online resource for information sharing and collaboration amongst psychologists. Visit the wiki at <http://psyclink.apa.org/display/ITS/PsycLINK+-+The+Practice+Wiki>

There was approval of the 2010 Presidential Task Force on Care-giving. The work of the task force included the creation of a Web-based resource "briefcase" for psychologists and members of the public on care-giving issues. See the web-based brief-case at <http://www.apa.org/pi/about/publications/caregivers/index.aspx>

The APA policy on the Principles for Quality Undergraduate Education in Psychology was adopted. These principles replace an earlier version and are an outgrowth of the 2008 APA National Conference on Undergraduate Education in Psychology. The guidelines articulate a set of learning goals and outcomes that should be

attained by all psychology majors. See the full guidelines at <http://www.apa.org/ed/precollege/about/psymajor-guidelines.pdf>

Council received the Report of the BEA Task Force on Classroom Violence Directed Against K-12 Teachers. See full report at <http://www.apa.org/ed/schools/coalition/teachers-needs.pdf>

Council adopted a resolution affirming APA's recognition of the importance of the psychological aspects of the way humans relate to the environment and supporting psychologists' involvement in research, education and community interventions in improving public understanding of global climate change impacts and ways in which psychology can help mitigate those impacts.

Council approved a new Division 43 journal, *The Family Psychologist*. The Committee on Early Career Psychologists was enlarged from six to seven members.

APNS benefits from those of us who pay the Practice Special Assessment. This assessment is levied to all licensed health care psychologists who provide services in the health or mental health field or who supervise those who do. These fees go to support APA's non-profit companion organization, the APA Practice Organization whose mission is to promote the mutual professional interests of practicing psychologists in all settings through a wide range of advocacy activities focusing on policy makers, legislatures, the legal system, purchasers and consumers of services, and the overall health care marketplace. APNS profits by receiving 60% of the fees collected from its members who pay the special assessment.

Currently there are two class-action suits against APA pertaining to the Practice Special

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Reports

CPAP REPORT ~ An Introduction to CPA's Practice Directorate *(continued from page 10)*

Action

The Directorate is undertaking a number of activities. A strategic planning exercise isolated several key issues:

- The need for a common branding of professional psychology across Canada.
- The common branding will lead to a common lexicon of terms and definitions so every Canadian government hears the same messages in the same language from all provinces, territories and CPA.
- A focus on primary care (mental health and behavioural health) to leverage the interests of Canadian governments in this area.

The Directorate has been busy over the past 15 months. It has undertaken the following:

1. A strategic planning process with an initial goals setting session and report.
2. Engaged a communications and government relations consulting firm (Delta Media Ottawa) to facilitate ongoing strategic planning and collective decision making and to produce a report.
3. Commissioned a survey of key stakeholders (government, media, and associations) to determine their views of psychological services and produced a report.
4. Planning a national survey of Canadians to determine their views of psychological services. There will be an option for provincial/territorial specific additional data if associations want to

contribute financially.

5. Developing a Network of Psychologists in Primary Care (NPPC) to identify psychologists working in primary care and their roles and responsibilities.
6. Developing policy statements specific to the practice of psychology:
 - The CPA Practice Directorate asserts that all Canadians regardless of income have the right to access psychological services when needed.
 - The CPA Practice Directorate asserts that all Canadians have the right to work in a psychologically healthy workplace.
 - The CPA Practice Directorate supports the development of Doctor of Psychology (PsyD) education and training programs in Canada.
 - The CPA Practice Directorate takes actions to support the development of practice standards in co-operation with CPA and CPA sections.
 - The CPA Practice Directorate takes actions to support the development of practicum, internship/residency and post doctoral fellowship placements for psychology students, interns/residents and post-doctoral fellows in Canada.

For more information, visit <http://www.cpa.ca/practitioners/practicedirectorate/>.

APA COUNCIL OF REPRESENTATIVES REPORT *(continued from page 11)*

Assessment. Council was informed that APA has not submitted their legal brief on this actions. It is my understanding that the Practice Special Assessment is a voluntary contribution and if not paid will not affect membership in APA.

If anyone has concerns or issues they would like

to raise please contact me. The next meeting of the APA Council is in August, in Washington, DC.

Respectfully submitted

Charles Hayes, Ph.D.

GREETINGS FROM CANADIAN REGISTER OF HEALTH SERVICE PROVIDERS IN PSYCHOLOGY (CRHSPP)

The Canadian Register (CRHSPP) is the only Canadian body that credentials psychologists nationally. To be listed in the Register, psychologists must be licensed to practice in their province or territory, and meet a set of high educational and training standards that are consistent with standards of practice for the profession.

At last year's APNS AGM, the sunsetting of Masters-level registration by CRHSPP was announced. As of February 1 of this year, only doctoral-level psychologists have been eligible for registration with CRHSPP.

A good number of qualified, Masters-level psychologists took advantage of the window of opportunity to become registered before that window closed, including 22 from Nova Scotia. I am pleased to welcome the new registrants on behalf of the Board.

The Canadian Register also promotes professional standards by encouraging and delivering information and knowledge transfer, including continuing education and research programs. It has sponsored continuing educational programs for practitioners, with topics including accounting and taxation issues, setting up a private practice, building referral networks, and others. A survey of psychologists by CRHSPP last year identified a specific desire for online continuing educational programs. As a result, the Register negotiated an arrangement with the U.S. National Register, which now allows CRHSPP Registrants to access the National Register's extensive catalogue and

complete any of their on-line continuing educational programs without charge.

CRHSPP also initiated a Primary Care Listserve, to enable Registrants to share information about Professional and ethical issues, as well as tools and clinical material relevant for psychologists in primary care settings. The Listserve has also served as a networking tool for Registrants.

These are a few recent CRHSPP initiatives. On the basis of input from Registrants and potential Registrants, over the last year, CRHSPP began an ambitious renewal program, which will include promoting the Register among psychologists and among health-service users, assisting the public and third-party payers to become more aware of the benefits of psychological health services and working toward increased accessibility of those services. One part of this is a complete revision of CRHSPP's website to make it more useful for both Registrants and the public, as well as increasing the visibility of the site in web searches.

We invite you to become a part of the renewed Canadian Register. If you have any questions or would like information about registration, please contact Myles.Genest@gmpsychoanalysts.com or go to the CRHSPP website, CRHSPP.ca.

Myles Genest, Ph.D.
Vice-President, CRHSPP



Committee Reports

ADVOCACY COMMITTEE REPORT: YESTERDAY AND TOMORROW

In 1995, there was a groundswell of support from the APNS membership to see the Association move more in the direction of advocacy for the profession. The APNS Executive of the day assembled interested members, initially in a so-called advocacy SWAT team, to guide this agenda. Issues of concern at the time included: unmet consumer demand for psychological services; the need for enhanced public education; the provision of psychotherapy services by other disciplines; paltry rates for third party reimbursement; the lack of a vision for the profession; the value of working in coalitions with other disciplines; the need to liaise with the province's regional health boards, etc. *Plus ça change, plus c'est la même chose....* Soon thereafter the APNS Advocacy Committee was established.

Over the years, the Committee was a creative crucible for identifying and implementing countless initiatives that shone a light on Psychology and its contributions and attempted to advance our profession in tangible ways. In the early days, we scanned newspapers for any mention of Psychology and our colleagues. We established a Speaker's Bureau and fielded media requests for commentary by Psychologists (before APNS embedded this activity into the central office). We promoted these efforts in the "Look Who's Talking" regular feature in *The Nova Scotia Psychologist*. The Committee revised the *How to Choose a Psychologist* brochure and placed it in pharmacies across the province. Long before there was a National Psychology Month and a yearly supplement in *The Chronicle Herald*, the Advocacy Committee produced the first multi-page newspaper supplement promoting the profession. Other public education initiatives spanned the range from procuring a professional display board to be used during awareness campaigns to purchasing TV spots for a Psychology infomercial that we acquired. We helped with the initial APNS website, when the world wide web was still a rather novel concept.

On the political front, the Advocacy Committee scanned the provincial landscape and kept abreast of

legislative and governmental activities. We lobbied the government and elected officials about various matters related to the provision of psychological services. We were involved in the challenging process that gave birth to the Involuntary Psychiatric Treatment legislation. We drafted the APNS response to the Romanow Commission. We participated in various interdisciplinary primary care initiatives in the wake of Romanow. We created a political action legislative network that identified a psychologist in most of the province's 52 ridings in an effort to forge a relationship with individual MLAs and to better inform them about Psychology by use of an impressive information portfolio that the Committee created.

Over the years, the Advocacy Committee liaised with other organizations, forged partnerships when necessary and learned how organized Psychology was furthering our collective agenda. Our engagements with CPA, CPAP, and APA contextualized our efforts and provided more opportunities to promote and strengthen Psychology. APNS contributed substantively to CPAP's Psychology Month and APA's Public Education Campaign. And don't ever let it be said that small cannot be mighty. Many of our efforts in these broader contexts brought both admiration and surprise which saw our initiatives imitated elsewhere and allowed our Committee to secure grants for further initiatives. We were proud to showcase our efforts in *The Nova Scotia Psychologist* regular Advocacy Committee column, "Hear Ye, Hear Ye". The output of the Advocacy Committee would not have been possible without the many colleagues who have served on the Committee over the years. Jennifer Hendrick, Joanne Gusella, Marlene Jewell, Ann Krane, Murray Schwartz, Lynne Robinson, Diane Birch, John Campbell, Gordon Butler, Myles Genest, Alana Matwychuk, Dean Perry, Doug Cane, Patricia Rose, and Eileen Donahoe deserve our appreciation. Our Committee has been fortunate to have had the tangible support of APNS staff over the years, including Lauren Marsh-Knickle, Lori Parker,

continued on page 17

CHILD & ADOLESCENT PSYCHOLOGY INTEREST GROUP (CAP-I)

The Child and Adolescent Psychology Interest Group (CAP-I) is comprised of psychologists who work with children and adolescents and their families. We meet four to five times during the academic year to share information on topics of interest to the group and to provide an opportunity to get to know our colleagues who work in a range of settings (schools, hospitals, universities, private practices, forensic settings, etc). We meet on Saturdays between 10:30-12:00. During this time we have a presenter who discusses a topic of interest and we also share in a potluck brunch. We welcome all psychologists who work with children and their families. On November 20, our group participated in the Strategic Planning Process for the IWK's Mental Health & Addictions Program, which was facilitated by Dr. Sharon Clark and Barb Casey. It was a great opportunity for child psychologists to provide their feedback on the IWK's services and service delivery models. On

January 15, Dr. Richard MacGillivray presented on ethical issues in the context of working with youth. This well informed presentation resulted in a lively discussion of issues of informed consent, confidentiality and reporting, to name a few.

On April 9, 2011 we had the pleasure of having Tracey Earle present on Work-Life Balance. The group enjoyed the opportunity to discuss some of the barriers to achieving a healthy life balance and to brainstorm some ways to achieve the "elusive" balance. Our last meeting of the academic year will be on June 11. Dr. Robert McInerney will present on the topic of nonverbal learning disabilities. We hope that interested psychologists will join us for this presentation and discussion. Notification of will be shared via APNS electronic news updates.

For more information, please contact Penny Corkum at penny.corkum@dal.ca

PSYCHOLOGY MONTH REPORT

Once again APNS focused on a few key initiatives for Psychology Month that have proven of value in the past.

Chronicle Herald spread: Sunday, Feb 27th
In co-operation with NSBEP and various private practice psychologists we published our annual spread. This year our article focused on Mind/Body Health. If you missed the spread you can view a pdf version at: <http://www.apns.ca/PsychologyMonth.html>

Radio Ad: This year we tried something different by purchasing an ad placement on Radio Station CJNI 95.7.

Media: We circulated a media release on Mind/Body Health to media throughout Nova Scotia.

CE workshop: Dr. Vicky Veitch Wolfe of the IWK presented on Trauma-focused CBT.

The Psychological Healthy Workplace Awards sponsored by APNS, Saint Mary's University and the CN Centre for Occupation Health and Safety, were presented on February 9th. Winners this year were:

- Precision BioLogic Inc. (Dartmouth)
- Corporate Research Associates Inc.(Halifax)
- College of Physicians and Surgeons of Nova Scotia (<http://www.cpsns.ns.ca/>)
- Staples Contact Center (Sackville)

Organizations and Psychologists help us mark Psychology Month

APNS sent advocacy materials to Psychologists at hospitals in Sydney, Antigonish, Yarmouth, Kentville and Truro, to the IWK and Capital Health in Halifax and Dartmouth, Dalhousie University and the Nova Scotia Community College in Port Hawkesbury.

Thank you to all the Psychologists who helped us spread the word to the public about Psychology in Nova Scotia through open houses, workplace displays, presentations and those hardy Valley Psychologists who got together for some winter fun.

Committee Reports

POST-TRAUMA SERVICES COMMITTEE REPORT

This year the committee has continued its pursuit to meet with the appropriate health officer to discuss a potential Memorandum of Association (MoU). On behalf of the Committee, Dr. Charles Hayes wrote a letter on April 13, 2010 to Ms. Linda Smith, Executive Director of Mental Health, N.S. DoH, advising her of the committee's wish "...to update the formal link established in the 1998 MoU so that volunteer psychologists are available to you should there ever be a need". As a result, a brief (half-hour) meeting was held on May 17, 2010 between Dr. Charles Hayes, Ms. Linda Smith and Ms. Patricia Murray (unfortunately the other members of the committee could not attend). Ms. Smith reported that arrangements have been made with both the province of New Brunswick and the state of Maine for assistance should they need it during an all-hazards event. Dr. Hayes argued that it was still possible for the public health system to be overwhelmed and there might be a need for short-term assistance from a knowledgeable body of experts. The stumbling block was that the DoH did not wish to sign-on with psychologists without having some discussion with other disciplines (psychiatry, social work, clergy, etc.). Dr. Hayes emphasized to them that the Committee's efforts were never considered to be exclusive, but rather, should there be a need that there was a mechanism which would ensure rapid deployment of personnel. Hence, there is a need to have something in place now to ensure the necessary communication when an all-hazards event arises. They agreed.

Dr. Hayes also reported back to the Committee that Ms. Patricia Murray had been tasked of putting such a plan into operation, and that the Committee's part will be to identify those psychologists on its volunteer list that are not already in health, in order to come up with real numbers. Finally, Dr. Hayes reported being pleased that they seemed to be aware of the controversy surrounding the use of proprietary CISM materials.

In June 2010, the committee found out through the rumour-mill that Ms. Smith has suddenly disappeared for her office with no official word of why. However, Ms. Murray remained our contact person. On behalf of the Committee, Dr. Hayes sent a letter dated February 9, 2011 to Ms. Murray, Acting Executive Director of Mental Health, Children's Services and Addiction Treatment Branch, DoH, pointing out that much time has gone by since the brief meeting in May and that the committee would welcome "...a meeting with you to outline our concerns and to help us understand better your needs in any large scale all-hazards disaster". On March 15, 2011 an email was sent to Ms. Murray to query her about the February letter. On that same day, she replied to the email, apologizing for the delay in her responding, and advising that she has only met once with some of the other disciplines and that their DHAs and the IWK were currently documenting their response plans for an all-hazards emergency. Ms. Murray advised that "...once their plans are completed, we will organize a meeting to review their plans and then it would be appropriate to involve your committee and the Nova Scotia Association of Social Workers to determine how you could contribute to these plans and the overall provincial response."

The Committee has started to review its list of volunteer psychologists as well as to look at a Recruiting Campaign. The Committee is hopeful to have another meeting with the DoH during the upcoming year.

Respectfully submitted,
Gilles Chiasson, M.Sc. C.Psych, M.P.A.
Chairperson

APNS CONTINUING EDUCATION REPORT



Committee members: Elaine Boyd-Wilcox, Eileen Donahoe, Chris Ellsworth, Heather Power, Erin Trudel-Best, Carolyn Scott, Carol Shirley (Acting Chair).

It has been a really awesome year for the CE Committee. With the excellent legacy of those who came before us the committee continues to plan and produce. It is important to acknowledge Carolyn Humphries, the former chair of our committee as that planning unfolds into the reality of some very valuable learning experiences. I would also like to thank the former committee members (Diane Birch, Heather Higgins) who have contributed to our current programming. Although our members meet only about five times a year we have been very productive. I feel as though we have done a remarkable job at creating a safe place to give birth to our ideas for continued educational opportunities for Psychologists. We work hard to accommodate your feedback from the workshops and to expand on the need highlighted by members' suggestions. Below is a brief list of upcoming workshops and ideas on which we are working.

May 27, 2011

Overcoming Trauma & Addiction with Love, Strength & Power: A 16-Step Empowerment Approach,
Dr. Charlotte S. Kasl - Room 1014 Rowe Bldg, Halifax

Oct. 28, 2011

Motivational Interviewing -Dr. Henny Westra

This workshop will provide an introduction to MI and show you how to integrate MI techniques with Cognitive Behavioral Therapy in the treatment of anxiety and depression so you can help patients identify the road-blocks that keep them stuck and enhance their motivation for change. Prepare to roll up your sleeves and work as this workshop is highly interactive.

October, 2011

Ethics for Psychologists - Halifax; Dr Patrick O'Neill

2012-2014 In Planning

2011-12 - Kentville

Workshop/Discussion: Parental Capacity Assessment

May 25, 2012 Behaviour Therapy for TIC- Dr. Douglas Woods

Oct. 26, 2012 Executive Functioning in Children - Dr. Peg Dawson

May, 2013 Acceptance & Commitment Therapy - Dr. John P. Forsyth

Oct. 25, 2013 Chronic Insomnia - Dr. Charles Morin

2014 Topics: Couples & Self-Care

2015 APNS conference

These are just some of the topics we have been researching. If you have any comments on these or would like to suggest other topics or speakers please contact the APNS office at apns@apns.ca

ADVOCACY COMMITTEE REPORT: YESTERDAY AND TOMORROW (from page 14)

Sandra Bonneau, Collin Allan, and especially Susan Marsh who have given feet to the many ideas of our Committee.

It has been my great privilege to have been involved with all of these individuals and in all of these many projects since the Committee was established. The opportunity to participate has afforded a professional education that has been second to none. While I am stepping down as Chair of the Advocacy Committee, I look forward to the new directions that the Committee will take and to supporting these efforts in a different role. I am delighted to announce that Lesley Hartman has agreed to become Chair of the

Advocacy Committee and will bring her experience from the APNS Executive and from many other professional roles to the next chapter of our Association's advocacy efforts. I would sincerely encourage any member who may wish to contribute their ideas and passions about Psychology to contact Lesley or APNS to become involved in the Advocacy Committee. One never knows where the journey may take you, but I can guarantee that it will be professionally informative and enriching!

Respectfully submitted,
David J. Pilon, PhD

Reports

FEE RATES FOR PSYCHOLOGICAL SERVICES IN NOVA SCOTIA

During December 2010 and January 2011, APNS surveyed its membership regarding the fee rates psychologists use for various services. This survey is part of the review process of the APNS fee guide. Based on the responses to the survey the Executive Committee has decided to raise the recommended fee to \$150/hour. *Thanks to Natasha Scott for all her work on this survey.*

Demographic Information

120 psychologists across Nova Scotia completed the fee rate survey. Although there was representation from all 12 counties in Nova Scotia, over half (56.7%) worked in Halifax county. 49% of the respondents had a Master's degree and 48% had a PhD.

TABLE 1	
County	% of Sample
Halifax	56.7%
Kings	9.2%
Antigonish	5.8%
Cape Breton	5.8%
Pictou	5.8%
Colchester	5.0%
Lunenburg	3.3%
Hants	1.7%
Annapolis	< 1%
Cumberland	< 1%
Inverness	< 1%
Yarmouth	<1%

TABLE 2	
Education Level	Percentage of Sample
Masters	48.7%
PhD	47.9%
PsyD	1.7%
Edu	1.7%

40% of respondents practiced in rural settings, while 56.7% practiced in urban settings. 3.3% did not identify their setting. (For the purpose of this survey, urban is defined as those working within Halifax County).

TABLE 3	
Employees	Percentage of Sample
Single Person	56.8%
2 -5 Employees	22.5%
6 – 10 Employees	17.1%
> 10 Employees	3.6%

50% of respondents reported being full-time while 50% were part-time.

The majority of respondents worked in a practice that employed five or fewer psychologists with over half 56.8% working in a single-person practice.

Psychological Services

Respondents were asked to report the hourly rate and/or the flat rate they charged for seven commonly offered psychological services. As can be seen in the table below, the most commonly offered services were: individual therapy, couples therapy, family therapy, and psychoeducational assessment and reporting.

TABLE 4	
Service Offered	% Offering the Service
Individual Therapy	92.0%
Couples Therapy	53.3%
Family Therapy	44.3%
Psychoeducational Assessment and Reporting	41.0%
Legal Assessment and Reporting	24.5%
Corporate Consulting	9.7%
Group Therapy	7.0%
Other Services	18.7%

In addition to the seven listed services, approximately 19% of respondents reported offering other services. The most commonly reported were consultations (5%), various assessments, such as neuropsychological (3%), career, or personality (3%), and third party reporting (3%).

The majority of respondents reported an hourly rate, as opposed to a flat rate, for the seven common services offered. In addition, respondents were also asked to report the fee rate for missed and/or cancelled appointments. The average hourly rate for each service, along with the standard deviation and range of rates is presented in Table 5 on the next page. With the exception of group therapy, the average hourly rate for psychological services ranges from \$136.00 to \$164.00. However, as indicated by the standard deviation and range of each psychological service, hourly rates across Nova Scotia vary a great deal.

FEE RATES FOR PSYCHOLOGICAL SERVICES IN NOVA SCOTIA *(continued from page 18)*

As the majority of respondents (92%) reported offering individual therapy services, the fee for this service was examined to determine if there were differences in the rates charged in urban and rural settings across Nova Scotia.

There is a significant mean difference of approximately \$17.00 between the rates charged for individual therapy in rural practices compared to urban practices.

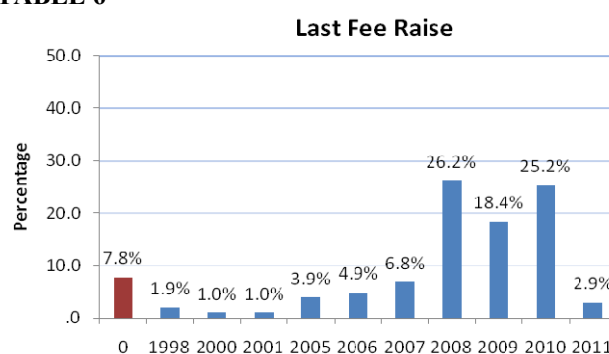
The hourly rate for missed and/or cancelled appointments typically aligned with the hourly rate set for the psychological service offered. Approximately 21% of respondents indicated that they did not charge for missed and/or cancelled appointments.

Service	Hourly Rate		
	Mean	Standard Deviation	Range
Individual Therapy	\$136.00	17.1	\$60.00 - \$170.00
Couples Therapy	\$141.00	15.4	\$100.00 - \$180.00
Group Therapy	\$73.50	28.2	\$50.00 - \$114.00
Family Therapy	\$136.00	21.7	\$60.00 - \$170.00
Psychoeducational Assessment and Reporting	\$140.00	24.7	\$60.00 - \$180.00
Legal Assessment and Reporting	\$164.00	50.0	\$85.00 - \$300.00
Corporate Consulting	\$139.00	42.2	\$60.00 - \$225.00
Missed and/or Cancelled Appointments	\$104.00	58.6	0 - \$155.00

Fee Raises and Recommendations

Respondents were asked to report the last time their fees were raised, and to provide their recommended hourly rate for individual therapy. The majority (79.5%) indicated their fees had last been raised during the past four years (since 2006), which was the last time that APNS raised their recommended fee. Approximately 28% of respondents reported they had raised their fees during the last year, 2010, or at the beginning of this year, 2011.

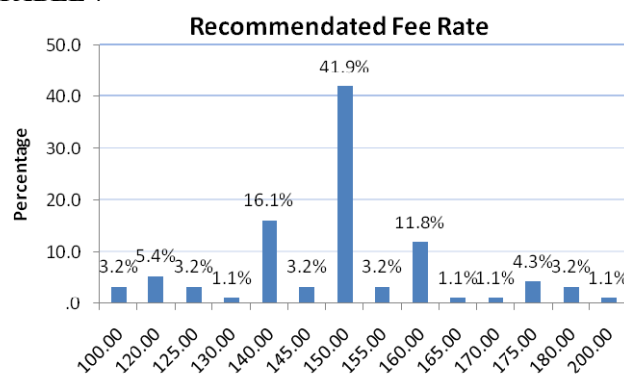
TABLE 6



The average recommended hourly rate for individual therapy was \$148.00; however, as can be seen in Table 7 individual responses varied considerably. Overall, the most commonly recommended fee rate was \$150.00/hr.

Although there was a significant difference in the current fee rate for individual therapy services between rural and urban practices, there was no significant difference in what respondents were recommending fee rate should be.

TABLE 7



Reports

NSBEP NOTES ~ SUPERVISION SCENARIOS

Registrants of the Nova Scotia Board of Examiners in Psychology are uniquely qualified to provide psychological services in the province.

From the NSBEP Standards of Professional Conduct “Psychological services refer to services provided by or under the direction of a psychologist or psychologist, candidate register.”

While supervision is one of the services provided by many registrants, not all persons receiving supervision from registrants are providing psychological services:

Interns & practicum students

Individuals completing an internship or practica as part of a psychology program may provide psychological services only under the direction of a registrant. In such circumstances, interns or practicum students would be in violation of the Psychologists Act (2000) if they did not use a title or description of services that clearly indicates their status.

Supervision of non-autonomous staff

Registrants, in the provision of professional services, often utilize the services of non-psychologists (e.g., psychometrists to complete test administration).

As per the NSBEP position on the Supervision of Psychometrists:

In such instances, the non-autonomous staff person is providing psychological services but may only do so under the direction of a registrant.

In keeping with Principal III (40) of the Canadian Code of Ethics for Psychologists, the Psychologist assumes responsibility for the services of the non-psychologists.

Psychologists need to be aware that any problems that might arise from the services provided by the psychometrist could therefore

become the subject of a disciplinary matter for the Psychologist. In considering entering into such arrangements, psychologists are therefore encouraged to examine carefully their supervision of such individuals to limit any liability that may result from professional misconduct.

Supervision of practitioners from another occupation

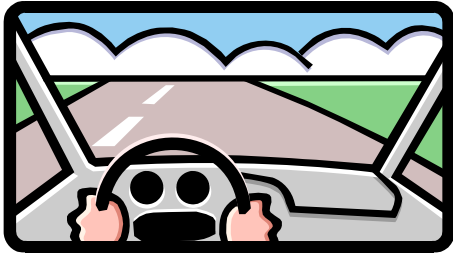
Some areas of overlap exist in the services provided by some health professions. Psychologists might supervise individuals from another profession on a particular set of activities. However, as an autonomous professional, the person being supervised is not providing psychological services.

Requests to supervise non-autonomous practitioners from another occupation

Registrants might be approached by individuals working towards full registration in another occupation. For example, psychologists might provide supervision to persons who are training in another profession, e.g. psychiatric residents. In this instance, the psychologist should not be the person's primary supervisor; and the person being supervised is not providing psychological services. As stated, some areas of overlap exist between some health professions; however, a distinct occupation has a separate set of professional standards, training, legislation, and its own scope of practice. It is the position of the Board that unless a registrant is also registered with the regulatory body governing the other profession, he/she should not act as the primary supervisor of an individual working towards full registration in the separate profession. If a psychologist who is dually registered and competent to provide supervision in another profession provides such supervision, the services provided by the individual(s) being supervised do not constitute psychological services.

continued on page 21

Spring has come (really!)

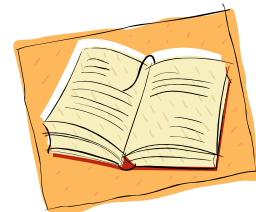


and the APNS Executive is ready to go on the road again.

If you would like to invite the Executive to visit your area of the province to meet with you and your colleagues contact APNS and we will work with you to set up a meeting.

Deadline for the APNS Private Practice Directory is May 31st.

If you are interested in being listed in this year's Directory and web listing, please contact the APNS office for more information.



Information Materials on Sexual Orientation Available for View

APA has provided APNS with one copy of the following materials:

- Report of the APA Task Force on Gender Identity and Gender Variance
- Appropriate Therapeutic Responses to Sexual Orientation
- Sexual Orientation & Youth—a Primer for Principals, Educators and School Personnel
- Fact Sheets: Answers to Your Questions

NSBEP NOTES ~ SUPERVISION SCENARIOS (continued from page 20)

With regard to any settings in which psychological services are provided or a registrant is involved with the supervision of others:

Billing must not be underwritten in a way that gives the impression that a registrant provided the service when this is not the case (NSBEP Co-signing of Receipts Statement, 1993). Billing to insurance companies or third party payers must clearly state the qualifications of the provider and state the services being provided. Through the

informed consent process, clients must be fully informed of the qualifications of the person(s) providing the services and the services being provided.

*Issued by The Nova Scotia Board of Examiners in
Psychology* *March 2011*

Acknowledgements

Congratulations to the following who have recently become Registered Psychologists*

Jamesie Coolican, Ph.D.	Jon Sebesta, M.A.S.P.
Louise Cormier, M.A.S.P.	Joel Town, D. ClinPsych.
Jennifer Denney-Hazel, M.Sc.	Jaime Williams, Ph.D.

Congratulations to the following who have recently become Candidates*

Alison D. Jessome, M.A.S.P.
Anne-Elise O'Regan, M.Sc.
Megan Pearson, M.A.

**This information provided by NSBEP as of April 15 2011*

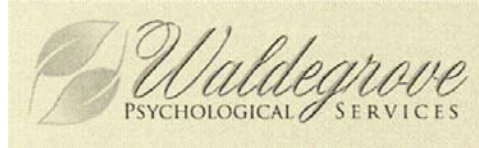


Welcomes its Latest Members as of April 30, 2011

Anna Campbell, Ph.D.	Rodney Keddy, M.Ed.
Jean P. Collins, Ph.D.	Reginald Landry, Ph.D.
Marie J. Durup, Ph.D.	Susan Lavoie, M.A.
Adam W. Grady, M.Sc.	Anne-Elise O'Regan M.Sc.
Julia Holt, Ed.D.	Naomi Stright, M.Sc.

We would like to thank the membership for supporting APNS in its efforts to promote the interests of Nova Scotia psychologists through advocacy, continuing education and the support of special interests in the field.

The advertisements on this page are paid placements. APNS does not take responsibility for the content and does not necessarily subscribe to the opinions expressed in these advertisements.



Associate Positions Available

Growing private practice is seeking two to three psychologists to fill various positions.

Maternity-Leave Replacement

Associate required for maternity replacement starting part-time (12-16 client hrs/week) for new referrals by July and taking over current case load in October. The replacement's duties will be until February 2012 but the associate will continue on in a full-time position (20+ client hrs/week) with their own caseload once the psychologist has returned.

Qualifications:

- registered with the Nova Scotia Board of Examiners in Psychology with a minimum of two years experience
- provide counselling services to adults (18yoa +)
- eclectic approach preferable with proficiency in cognitive-behavioural therapy
- administration and case management skills

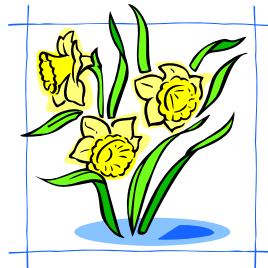
Associate Positions

A second full-time associate position, and a possible third part-time position, is also available starting in September 2011.

Qualifications:

- registered with the Nova Scotia Board of Examiners in Psychology as a Registered Psychologist or Candidate Register.
- provide counselling services to various age groups
- administration and case management skills

Please send cv to: **Andrea Cook, MA**
Waldegrove Psychological Services
Suite 504, 5121 Sackville Street
Halifax, NS B3J 1K1
Phone: 406-9404 Fax: 406-9466



Committees & Representatives

Please contact the chair or APNS office for further information or to communicate changes to the list of committees & representatives.

EXECUTIVE

President: Michael Ross
Past President: Robin McGee
President Elect: Lynne Robinson
Secretary: Chimène Jewer
Treasurer: Lesley Hartman
Member at Large: Joanne Mills
Student Representative:
Sonya Stevens/Natasha Scott

EXECUTIVE DIRECTOR

Susan Marsh

REPRESENTATIVES

Council of Provincial Associations in Psychology (CPAP) Rep: Dean Perry

Business of Practice Network: David Mensink/Arla Day

Federal Advocacy Coordinator: David Pilon

Public Education Campaign Coordinator: Dean Perry

APA Council of Representatives: Charles Hayes

Archivist: Maria Angelopoulos

Regional Reps:

Cliff Séruntine, Antigonish
Eileen Donahoe, Kentville
Julie MacDonald, Sydney
Shelley Goodwin, Yarmouth
Richard Krane, HRM

Contact the APNS Office for more info on how to contact your regional rep.

COMMITTEES & INTEREST GROUPS

Advocacy:

David Pilon (Chair)

Continuing Education:

Carol Shirley (Interim Chair)
Elaine Boyd-Wilcox
Eileen Donahoe
Christine Ellsworth
Heather Power
Carolyn Scott
Erin Trudel-Best

Elections:

Victor Day (Chair)
David Mensink
Robin McGee
Louise Stringer-Warren

Membership:

Open

Publications:

Debra Garland, Editor

Post Trauma Services:

Gilles Chiasson (Chair)
Charles Hayes
Janice Howes (Disaster Response Co-ordinator)

Child & Adolescent Psychology Interest Group (CAP-I)

is comprised of psychologists who work with children and adolescents and their families. Meetings are bi-monthly during the academic year to share information on topics of interest and to provide an opportunity to get to know our colleagues who work in a range of settings (schools, hospitals, universities, private practices, forensic settings, etc).

Testing Interest Group

various

Advertising Rates

Non-Member Print Advertising Rates

"Nova Scotia Psychologist:"

Businesses

Full Page	\$500.00
3/4 Page	\$400.00
1/2 Page	\$300.00
1/4 Page	\$250.00
Business Card	\$200.00

Consecutive Editions: 1st ad - regular rate, 2nd & more - 10% discount per issue; ie. \$500, \$450, \$400, \$360, to a minimum rate of \$300 for a full page ad

Other Professionals: (physicians, lawyers, etc.)

Full Page	\$400.00
3/4 Page	\$300.00
1/2 Page	\$250.00
1/4 Page	\$150.00

Consecutive Editions: 1st ad - regular rate, 2nd & more - 10% discount per issue; i.e., \$400, \$360, \$320, \$290, to a minimum rate of \$250 for a full page ad

Businesses & Professionals

Event / Workshop	\$100.00
Job Postings	\$75.00

Inserts \$175.00 plus additional mailing costs by weight (if applicable - no additional cost for single sheet.

Mail-Outs of members	\$175.00	plus mailing costs by weight x #
Mass Stand-alone E-Mail	\$300.00	
Monthly Member E-mail	\$25	

Not-for-profit (incl. schools / hospitals)

Full Page	\$125.00	
3/4 Page	\$100.00	
1/2 Page	\$75.00	
1/4 Page	\$50.00	
Business card	\$35.00	
Inserts	\$50.00	plus additional mailing costs by weight (if applicable - no additional cost for single sheet .

Mail-Outs \$150.00 plus mailing costs by weight x # of members

Mass Stand-alone E-Mail	\$200.00
Monthly Member E-mail	\$15

Non-Member Website Ad Rates

Businesses & Professionals

Event / Workshop	\$100.00	per 45 days
Job Postings	\$75.00	per 30 days

Not-for-profit (incl. schools / hospitals)

Event / Workshop	\$50.00	per 45 days
Job Postings	\$50.00	per 30 days

APNS Member Print Ad Rates

"Nova Scotia Psychologist"

Full Page	\$90.00
3/4 Page	\$75.00
1/2 Page	\$50.00
1/4 Page	\$30.00
Business Card	\$25.00
Event / Workshop	\$25.00
Job Postings	\$25.00

Inserts \$25.00 for single sheet paper, additional costs as per weight as relates to postage cost

Mail-Outs \$100.00 plus mailing costs by weight x # of members

Mass E-Mail \$150.00

Monthly Member E-mail free

APNS Member Website Ad Rates

Event / Workshop	\$25.00	per 30 days
Job Postings	\$25.00	per 60 days

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